

SOLO Southeast — Student Packing List

There will be both indoor and outdoor scenarios in your SOLO course. WFA, WUMP and WFR programs include water-based challenges, so please bring a change of clothes and footwear that you don't mind getting wet. Please make sure you dress appropriately for the season!

Required Gear:

Backpack to store gear
Raingear, top and bottom
Water bottles (1 quart minimum)
Hiking shoes or boots, plus water shoes if necessary
Pen or pencil and paper
Headlamp
Whistle
Personal first aid kit – for personal use if you need it
Watch
Layers of clothing – polyester, polypropylene or wool
Warm hats/gloves

Recommended but Not Required:

Sleeping bag and pad
Ground cloth or small tarp
Bandana
Sunglasses
Sunscreen
Insect repellent
Camp chair
Trekking poles
Parachute cord or webbing straps (25 ft)
Snacks